Team Name	Squat	Points	Jump Rope	Points	Chin-Ups	Points	Bench Press	Points	Wind Sprint	Points	Dips	Points	Iron Cross	Points	Fireman's Carry	Points	Plyo Step-ups	Points	Tire Flips	Points	Total Points	Final Place
Keith & Co.	360	1	463	2	141	1	126	1	46	1	207	1	433	1	110	1	403	1	37	1	11	1
The Muffin Tops	200	2	714	1	63	2	66	2	40	2	95	2	231	2	106	2	300	2	31	2	19	2